

TEXAS CANCER PLAN

A STATEWIDE CALL TO ACTION FOR CANCER RESEARCH, PREVENTION, AND CONTROL

What can YOU do to reduce the burden of cancer in Texas? Visit txcancerplan.org to view the entire 2012 *Texas Cancer Plan* and to learn how YOU can fight cancer in your community.

The *Texas Cancer Plan (Plan)* aims to reduce the cancer burden across the state and improve the lives of all Texans. The *Plan* is developed with input from organizations, community leaders, cancer survivors, and family and friends affected by cancer.

The 2012 Plan includes:

- Specific goals that address cancer research, prevention, and control
- Measurable objectives with baselines and targets
- Strategic actions to inform and guide implementation efforts
- A “Call to Action” section

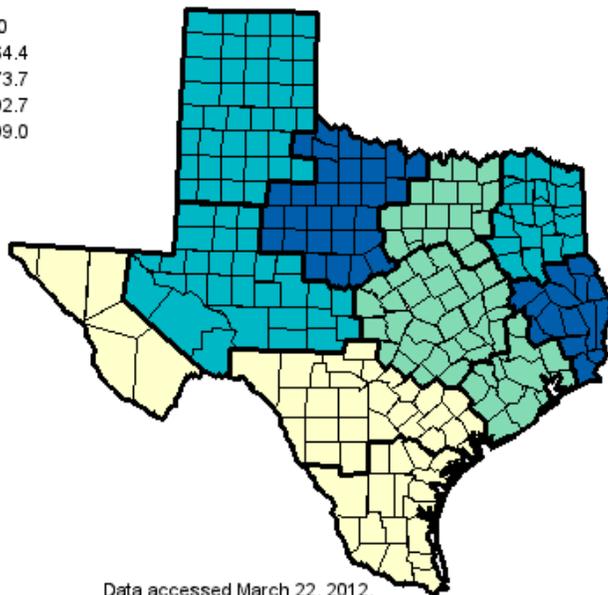
Age-Adjusted Cancer Mortality Rates in Texas All Sites, 2005-2009 By Health Service Region

Age-Adjusted to the 2000 U.S. Standard Population

Texas Rate: 171.2

Rate per 100,000

142.2 - 164.4
168.5 - 173.7
175.2 - 192.7
198.2 - 199.0



Data accessed March 22, 2012.
Cancer Mortality File, March 2012.
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Veterans Health Administration and military hospital reporting is incomplete for 2008-2009 Texas Cancer Registry (TCR) cancer cases. Therefore, case counts and incidence rates in 2008-2009 are underestimated and should be interpreted with caution.



AT A GLANCE – The Sixteen Goals of the *Texas Cancer Plan*:

Primary Prevention and Risk Reduction – *Promoting change in behavior, policy, environment, or other systems to prevent or reduce the risk of developing cancer*

- **Goal 1:** Reduce incidence and mortality from lung cancer and other tobacco-related cancers
- **Goal 2:** Reduce cancer risk related to obesity
- **Goal 3:** Increase adoption of evidence-based nutrition behaviors and physical activity behaviors shown to reduce cancer risk
- **Goal 4:** Reduce the incidence and mortality of skin cancers resulting from solar and artificial ultraviolet radiation
- **Goal 5:** Increase vaccination rate for vaccines shown to reduce the risk of cancer
- **Goal 6:** Reduce cancer risk related to environmental carcinogens

Screening and Early Detection – *Increasing risk-appropriate and timely screening services to detect pre-cancerous changes or cancers as early as possible, when treatment is more likely to be successful*

- **Goal 7:** Increase proportion of early stage diagnosis through screening and early detection to reduce deaths from breast cancer
- **Goal 8:** Reduce deaths and number of new cases of cervical cancer through screening and early detection
- **Goal 9:** Reduce the number of deaths from and new cases of colon and rectum cancer through screening and early detection
- **Goal 10:** Develop and implement screening and early detection methods for other cancers

Diagnosis, Treatment, and Palliation – *Ensuring that all patients receive timely and effective diagnostic, treatment, and supportive care*

- **Goal 11:** Increase timely access to quality cancer diagnostic, treatment, and palliation services for all Texans

Quality of Life and Survivorship – *Improving the health and well-being of cancer survivors, from the point of diagnosis throughout treatment, and beyond*

- **Goal 12:** Promote overall health and well-being of people affected by cancer

Infrastructure – *Developing and strengthening a sustainable framework to support delivery of the most appropriate prevention and care services*

- **Goal 13:** Develop or strengthen the infrastructure supporting the delivery of the most appropriate cancer prevention and care services

Research and Commercialization – *Accelerating the discovery, development, and dissemination of innovation in cancer prevention and treatment that holds the potential to reduce the burden of cancer*

- **Goal 14:** Support the highest quality and most innovative research that will enhance the potential for medical or scientific breakthroughs in cancer
- **Goal 15:** Increase opportunities to access and participate in cancer research and clinical trials
- **Goal 16:** Improve patient care by accelerating the movement of prevention interventions, therapeutics, and diagnostics into practice



CANCER PREVENTION & RESEARCH
INSTITUTE OF TEXAS